

OASIS ITEM:	
(M0720) Planning and Preparing Light Meals (e.g., cereal, sandwich) or reheat delivered meals:	
<u>Prior</u>	<u>Current</u>
<input type="checkbox"/>	<input type="checkbox"/>
0	- (a) Able to independently plan and prepare all light meals for self or reheat delivered meals; <u>OR</u> (b) Is physically, cognitively, and mentally able to prepare light meals on a regular basis but has not routinely performed light meal preparation in the past (i.e., prior to this home care admission).
<input type="checkbox"/>	<input type="checkbox"/>
1	- <u>Unable</u> to prepare light meals on a regular basis due to physical, cognitive, or mental limitations.
<input type="checkbox"/>	<input type="checkbox"/>
2	- Unable to prepare any light meals or reheat any delivered meals.
<input type="checkbox"/>	UK
	- Unknown
DEFINITION:	
Identifies the patient's physical, cognitive and mental ability to plan and prepare meals, even if the patient does not routinely perform this task. The prior column should describe the patient's ability <u>14 days prior to the start (or resumption) of care visit</u> . The focus for today's assessment – the "current" column – is on what the patient is <u>able</u> to do today.	
TIME POINTS ITEM(S) COMPLETED:	
Start of care - prior and current ability Resumption of care - prior and current ability Discharge from agency - not to an inpatient facility -- current ability	
RESPONSE—SPECIFIC INSTRUCTIONS:	
<ul style="list-style-type: none"> • Response 1 indicates patient can intermittently (i.e., sometimes) prepare light meals, while Response 2 indicates patient cannot prepare light meals. • "UK - Unknown" is an option only in the "prior" column. This response should be used only if there is no way to determine the patient's prior ability on this item. 	
ASSESSMENT STRATEGIES:	
A combined observation/interview approach with the patient or caregiver is required to determine the most accurate response for this item. Ask the patient about the ability to plan and prepare light meals even if this task is not routinely performed. Does the patient have the cognitive ability to plan and prepare light meals (whether or not he/she currently does this)? Utilize observations made during the assessment of cognitive status, ambulation, grooming, dressing, and other activities of daily living (ADLs) to assist in determining the best response to this item.	