

OASIS ITEM:
<p>(M0580) When Anxious (Reported or Observed):</p> <p> <input type="checkbox"/> 0 - None of the time <input type="checkbox"/> 1 - Less often than daily <input type="checkbox"/> 2 - Daily, but not constantly <input type="checkbox"/> 3 - All of the time <input type="checkbox"/> NA - Patient nonresponsive </p>
DEFINITION:
Identifies the frequency with which the patient feels anxious.
TIME POINTS ITEM(S) COMPLETED:
Start of care Resumption of care Discharge from agency - not to inpatient facility
RESPONSE—SPECIFIC INSTRUCTIONS:
<ul style="list-style-type: none"> • “Nonresponsive” means that the patient is unable to respond. • Responses appear in order of increasing frequency of anxiety.
ASSESSMENT STRATEGIES:
Information can be collected by observation or by report. Observe posture, motor behavior, facial expressions, affect, and manner of speech. Ask the patient if she/he ever has episodes of feeling very anxious about things. Does the patient wake up at night feeling fearful and anxious and possibly unable to go back to sleep? Is there an increase in irritability or restlessness? Anxiety is often prevalent in patients with chronic respiratory disease, so you may be able to relate the anxiety to increased respiratory difficulty. Consult with family member(s) or caregiver with knowledge of patient behavior.