

OASIS ITEM:
<p>(M0420) Frequency of Pain interfering with patient's activity or movement:</p> <p><input type="checkbox"/> 0 - Patient has no pain or pain does not interfere with activity or movement</p> <p><input type="checkbox"/> 1 - Less often than daily</p> <p><input type="checkbox"/> 2 - Daily, but not constantly</p> <p><input type="checkbox"/> 3 - All of the time</p>
DEFINITION:
Identifies frequency with which pain interferes with patient's activities, with treatment if prescribed.
TIME POINTS ITEM(S) COMPLETED:
Start of care Resumption of care Follow-up Discharge from agency – not to an inpatient facility
RESPONSE—SPECIFIC INSTRUCTIONS:
<ul style="list-style-type: none"> • Responses are arranged in order of least to most interference with activity or movement.
ASSESSMENT STRATEGIES:
<p>When reviewing patient's medications, the presence of medication for pain or joint disease provides an opportunity to explore the presence of pain, when the pain is the most severe, activities with which the pain interferes, and the frequency of this interference with activity or movement. Be careful not to overlook seemingly unimportant activities, e.g., the patient says she/he sits in the chair all day and puts off going to the bathroom, because it hurts so much to get up from the chair or to walk.</p> <p>Evaluating the patient's ability to perform ADLs and IADLs can provide additional information about such pain.</p> <p>Assessing pain in a nonverbal patient involves observation of facial expression (e.g., frowning, gritting teeth), monitoring heart rate, respiratory rate, perspiration, pallor, pupil size, irritability, or use of visual analog pain scales.</p> <p>The patient's treatment for pain (whether pharmacologic or nonpharmacologic treatment) must be considered when evaluating whether pain interferes with activity or movement. Pain that is well controlled with treatment may not interfere with activity or movement at all.</p>